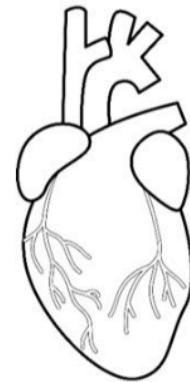


Name: _____

Organs of the body: Heart

The heart is a very important organ that your body needs. It is a strong muscle the size of your fist. It is located in your chest. The heart works every second of every day. It pumps the blood through the entire body.



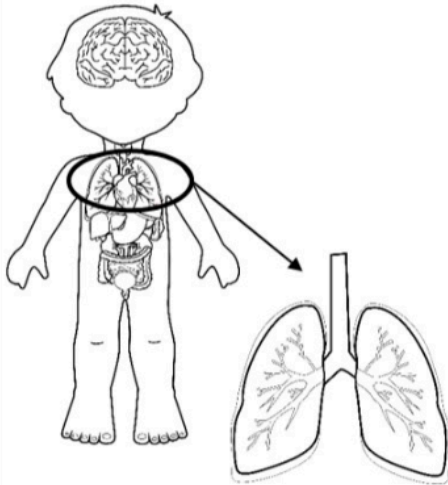
You need your heart to stay alive. Therefore, you should take good care of it. To have a healthy heart eat healthy foods and get lots of exercise.

1. What is the job of the heart? _____

2. How can you take care of your heart? _____

Name: _____

Organs of the body: Lungs



Lungs are one of the main organs your body needs. There are two lungs. They are a baglike organ located in your chest. They are so big that they take up most of the space in your chest.

Lungs are amazing because they allow you to breathe and even talk. Put your hand on your chest and take a deep breathe in and then breathe out. You will feel your chest rise and fall. Those are your lungs!

Read each statement. Put a check in the correct box.

Lungs allow you to breathe and talk.	True	False
Lungs are very small.	True	False
You have one lung.	True	False