

The Character Experiment: Inventory and Experience # 2

Write about your experience attempting to practice the three virtues you chose to practice these eight weeks, and your continued efforts to do so over the next months. Answer the following questions in one to two paragraphs. It will help to look back at your online journal and Inventory and Experience #1 as a way to jog your memory and prompt further reflection:

1. What specific steps did you take to make a serious attempt at practicing the three virtues you chose?
2. What situations gave you opportunities to practice the virtues you chose?
3. What got in the way of your attempts to practice the virtues you chose?
4. Were you relatively successful in practicing the virtues you chose? If so, how can you continue to make progress? If not, how can you start to make more progress over the next two months?
5. What does your experience so far reveal about how difficult it is to be (and become) a more virtuous person?
6. What situations will you likely encounter over the next two months that will give you a good chance to grow in being a good person, as you've defined it?
7. What situations will you likely encounter over the next two months that will present obstacles or challenges to your growth in being a good person, as you've defined it?